

ASEAN Health Cooperation on Promotion of Good Nutrition and Healthy Diet:

Updates Related to Nutrition

**Workshop on Experience Sharing on
Nutrition Surveillance in ASEAN
6-8 March 2019 | Bangkok, Thailand**

Presented by the ASEAN Secretariat



ASEAN 2025: A Roadmap for ASEAN Sectors under ASCC

Recent international frameworks and global discourses have informed the development of the ASCC Blueprint



UN World Conference on
Disaster Risk Reduction
2015 Sendai Japan



PARIS2015
UN CLIMATE CHANGE CONFERENCE
COP21·CMP11



WORLD
HUMANITARIAN
SUMMIT



ASEAN 2025:
FORGING AHEAD
TOGETHER

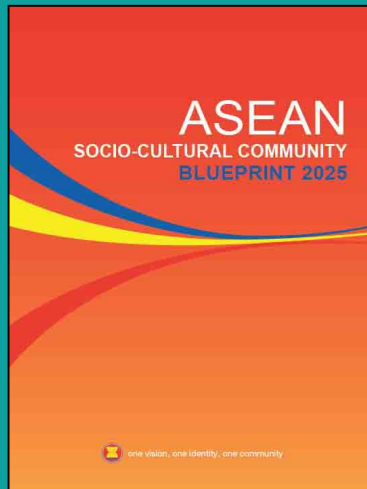
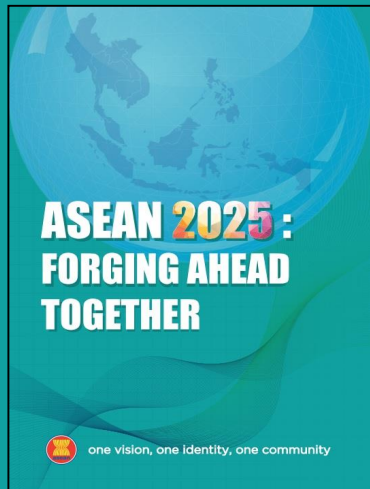
 one vision, one identity, one community



 one vision, one identity, one community



The ASCC Blueprint comprises 5 Characteristics, 18 Key Result Areas, 109 Strategic Measures



FIVE CHARACTERISTICS

- A. Engages and benefits the people
- B. Inclusive
- C. Sustainable
- D. Resilient
- E. Dynamic

18
KEY RESULT
AREAS

109
STRATEGIC
MEASURES

42 Strategic Measures are Health-related

ASEAN Post-2015 Health Development Agenda (APHDA): Alignment and Complementarity

APHDA 2016-2020

Vision and Mission

Goals and Strategies

Clusters and Health Priorities

Cluster Work Programs

Governance and Implementation Mechanism

ASEAN Vision, Mission, Blueprint



SDG 2030

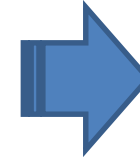


ASEAN Post-2015 Health Development Agenda, and Promotion of Good Nutrition and Healthy Diet

Cluster	Goal 2020	Health priorities
1. Promoting healthy lifestyle	a) To achieve maximal health potential of ASEAN Community through promoting healthy lifestyle b) To ensure healthy lives and promote wellbeing for all at all ages	i. Prevention and control of NCDs
		ii. Reduction of tobacco consumption and harmful use of alcohol
		iii. Prevention of injuries
		iv. Promotion of occupational health
		v. Promotion of mental health
		vi. Promotion of healthy and active ageing
		vii. Promotion of good nutrition and healthy diet
2. Responding to all hazards and emerging threats	a) To promote resilient health system in response to communicable diseases, emerging infectious diseases, and neglected tropical diseases b) To respond to environmental health threats, hazards and disaster, and to ensure effective preparedness for disaster health management in the region	viii. Prevention and control of communicable diseases, emerging infectious diseases and neglected tropical diseases
		ix. Strengthening laboratory capacity
		x. Combating antimicrobial resistance (AMR)
		xi. Environmental health and health impact assessment (HIA)
		xii. Disaster Health Management
		xiii. Traditional Medicine
3. Strengthening health system and access to care	a) ASEAN Community has universal access to [essential] health care, safe and good quality medical products including traditional and complementary medicines b) To achieve the unfinished health related MDGs, in light of the SDG	xiv. Health related MDGs (4, 5, 6)
		xv. Universal health coverage (UHC)
		xvi. Migrants' health
		xvii. Pharmaceutical development
		xviii. Human Resources Development
		xix. Health Financing
4. Ensuring food safety	a) To promote access to safe food, safe drinking water and sanitation	xx. Food safety

* For Health Cluster 4.a — any initiatives directly addressing safe drinking water and sanitation will be implemented under Health Priority Environmental Health and Health Impact Assessment under Health Cluster 2 Responding to all hazards and emerging threats

Work Programmes
2016 to 2020



30 Project

Six initiatives on
Promotion of
Good Nutrition &
Healthy Diet



41 Project
Activities



18 Project
Activities

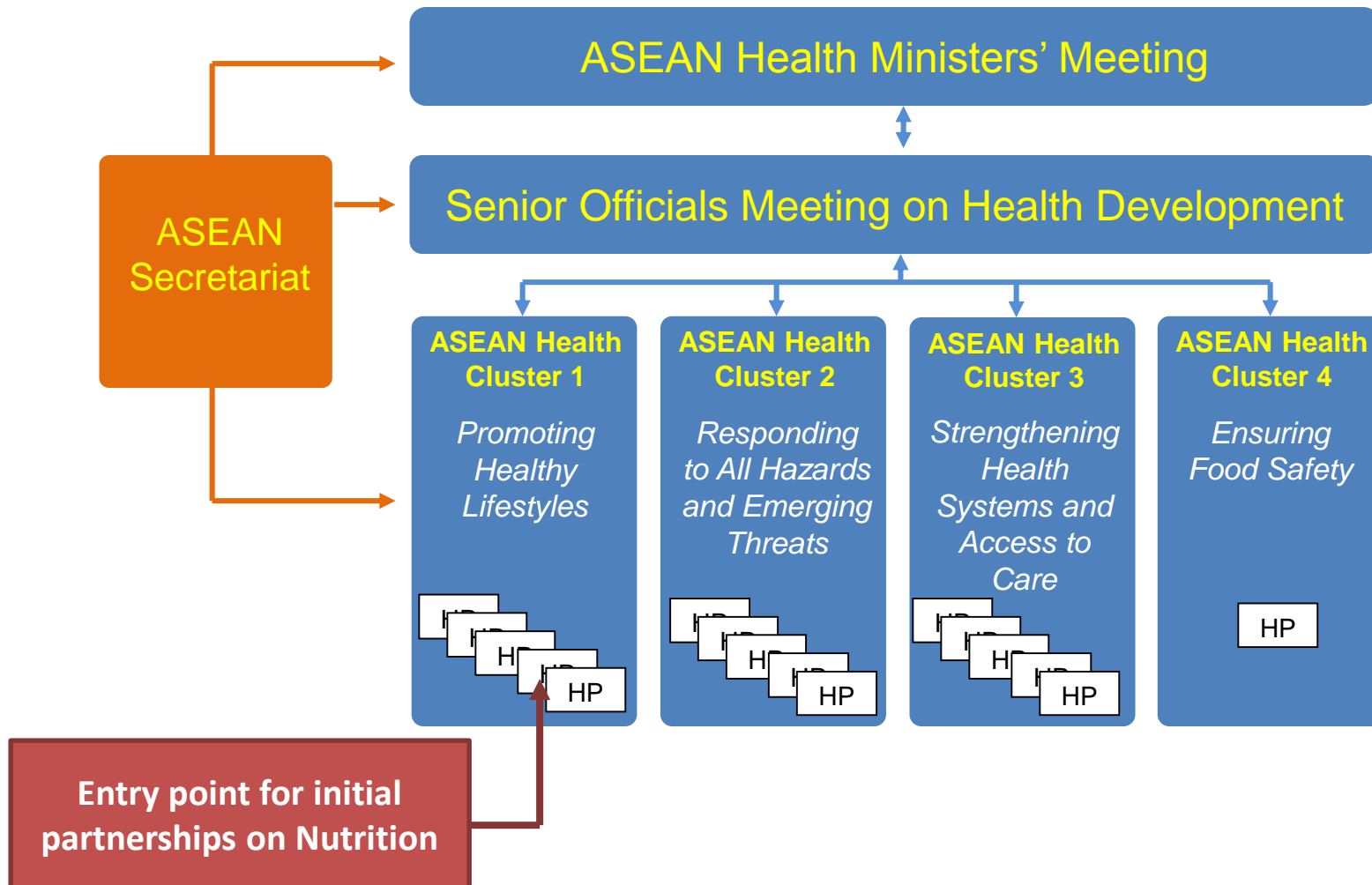


15 Project
Activities

104 Project Activities

APHDA 2016-2020

Governance and Implementation Mechanism: Opportunity for Enhancing ASEAN Partnerships on Promotion of Good Nutrition and Healthy Diet



ASEAN Health Cluster 1 Goals and Priority Strategies

Goals	<ul style="list-style-type: none">➤ To achieve the health potential of ASEAN Community through promoting healthy lifestyle➤ To ensure healthy lives and promote well-being for all at all ages
Strategies	<ul style="list-style-type: none">➤ Strengthen capacity and capability in promoting healthy lifestyles and reducing risk factors➤ Promote cost effective intervention packages for NCD and conditions related to risk factors➤ Strengthen advocacy, networking, and sharing of information/good practices/experiences among AMS in reducing risk factors for various age groups and settings➤ Develop strong monitoring and evaluation mechanism on the implementation of regional strategies in promoting healthy lifestyle

Progress of Implementation of Work Programme of ASEAN Health Cluster 1

Health Priorities	Completed	On-going	Upcoming	Total
HP1. Prevention and Control of NCD	1	3	2	6 (20%)
HP2. Reduction of Tobacco Consumption & Harmful Use of Alcohol	1	3	-	4 (13%)
HP3. Prevention of Injuries	1	2	-	3 (10%)
HP4. Promotion of Occupational Health	1	1	1	3 (10%)
HP5. Promotion of Mental Health	2	2	-	4 (13%)
HP6. Promotion of Healthy and Active Ageing	-	4	-	4 (13%)
HP7. Promotion of Good Nutrition and Healthy Diet	2	3	1	6 (20%)
Total Activities	8 (27%)	18 (60%)	4 (13%)	30

Strategies and Project Activities: HP7: Promotion of Good Nutrition and Healthy Diet under ASEAN Health Cluster 1 on Promoting Healthy Lifestyle

Strategies	Project Activities	Status
Establish ASEAN Nutrition Surveillance System	Workshop to develop ASEAN Nutrition Surveillance System [PH, IN]	On-going
	Workshop to update the report on food and nutrition security in ASEAN by 2020 [PH, IN]	Upcoming
	Workshop on experience sharing on nutrition surveillance in ASEAN [TH, IN, PH]	On-going
	Training on nutrition in emergencies [IN, PH]	Completed
Ensure policy and programme coherence among relevant ASEAN sectors to promote good nutrition	Conduct ASEAN multi-sectoral workshop on ending all forms of malnutrition [PH, IN]	On-going
	Conduct an ASEAN breastfeeding forum and big-latch on [PH]	Completed

Completed project activity: **ASEAN Breastfeeding Forum, Big Latch On**

- Held 3-5 August 2017, Manila, Philippines
- Forum theme: ASEAN *Ugnayan*: One Community Protecting, Promoting and Supporting Breastfeeding
- Brought together health, economic and development experts from AMS, exchanged views on interventions, innovations, successes and areas for improvement on financing and managing national programmes on breast- and complementary feeding
- Produced ASEAN Pledge of Commitment aimed at upholding breastfeeding and sustainable infant, youth and child feeding (IYCF) practices as foundation for healthier ASEAN citizens
- Culminated with *Hakab Na! (The Big Latch On)* where 2,000+ mothers simultaneously breastfed their babies for one minute



Completed project activity: **Training on nutrition in emergencies**

- Held 24-28 September 2018, Yogyakarta, Indonesia
- Participated in by nutrition focal points and nutrition in emergencies practitioners from AMS and ASEAN Secretariat; conducted by UNICEF EAPRO and Indonesia Office
- Content taken from NIE harmonized training programme:
 - Integrated management of acute malnutrition
 - Infant and young child feeding
 - Micronutrient deficiency disorder management
 - NIE assessment and programming, including nutrition surveillance, monitoring and evaluation
 - Mechanisms to mainstream and integrate NIE in development, resilience and disaster risk management plans
- Recommendations put forward to strengthen capacity and mainstream NIE in regional tools and mechanisms in ASEAN



On-going project activity: Conduct ASEAN Multisectoral Workshop on Ending All Forms of Malnutrition [1]



ASEAN Leaders' Declaration on Ending All Forms of Malnutrition

1. **WE**, the Heads of State/Government of the Member States of the Association of Southeast Asian Nations (ASEAN), namely Brunei Darussalam, the Kingdom of Cambodia, the Republic of Indonesia, the Lao People's Democratic Republic, Malaysia, the Republic of the Union of Myanmar, the Republic of the Philippines, the Republic of Singapore, the Kingdom of Thailand and the Socialist Republic of Viet Nam, on the occasion of the 31st ASEAN Summit held in Manila, the Republic of the Philippines on 13 November 2017;
2. **WELCOMING** nutrition security-related commitments such as the 2015 United Nations General Assembly declaration of 2016 to 2025 as the Decade of Action on Nutrition which calls for the implementation of the Rome Declaration and its Framework for Action, endorsed by 170 countries during the Second International Conference on Nutrition (ICN2) in Rome on 19-21 November 2014; the 2025 Global Voluntary Targets for the prevention and control of Noncommunicable Diseases adopted by the World Health Assembly in 2011; the 2025 Global Nutrition Targets for Improved Maternal, Infant and Young Child Nutrition adopted by the World Health Assembly in 2012, both of which were adopted by the UN General Assembly in 2011 and 2015, respectively, and the Bandar Seri Begawan Declaration on Noncommunicable Diseases in ASEAN adopted by ASEAN Leaders on 20 October 2013;
3. **GUIDED** by the 2030 Sustainable Development Goals (SDGs) adopted in September 2015 by the UN General Assembly which explicitly included nutrition through the SDG 2, "End hunger, achieve food security and improved nutrition and promote sustainable agriculture", and reaffirming the 2030 Agenda for Sustainable Development, building on the gains achieved on the Millennium Development Goals and identifying nutrition alongside poverty eradication, health, education and food security as continuing development priorities;

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- Expected outputs: [a] ASEAN Leaders' Declaration on Ending All Forms of Malnutrition, and [b] ASEAN Strategic Framework and Action Plan on Nutrition 2018-2030.
- ALD on EAFM:
 - Response to results of Regional Report on Nutrition Security
 - Resulted from ASEAN Multisectoral Collaborative Workshop on Nutrition Security involving health, nutrition, agriculture, social welfare sectors [March 2017, Philippines]
 - Adopted by 31st ASEAN Summit, November 2017, Philippines



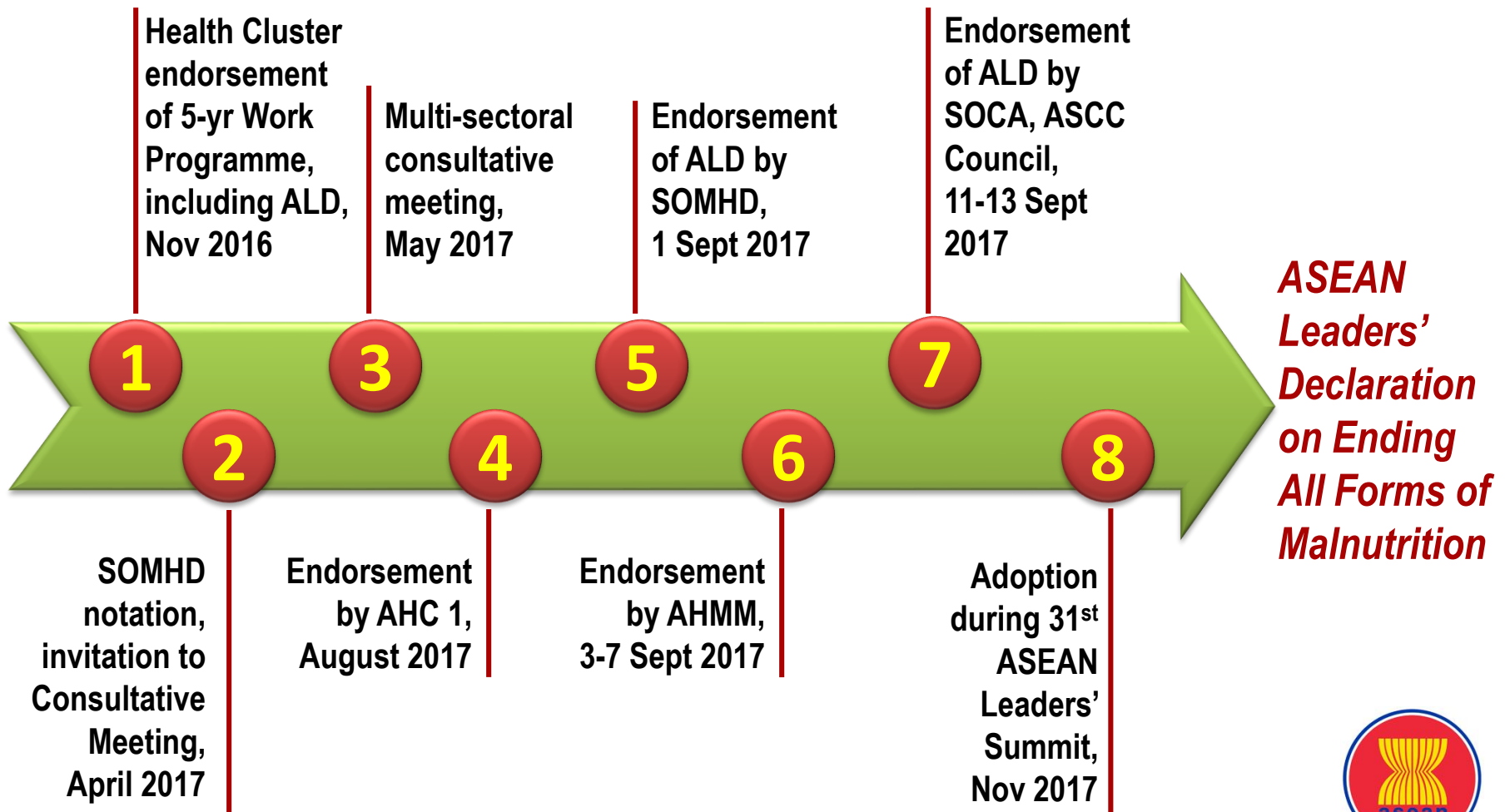
Salient points of the ASEAN Leaders' Declaration on Ending All Forms of Malnutrition

The ASEAN Leaders' Declaration calls for -

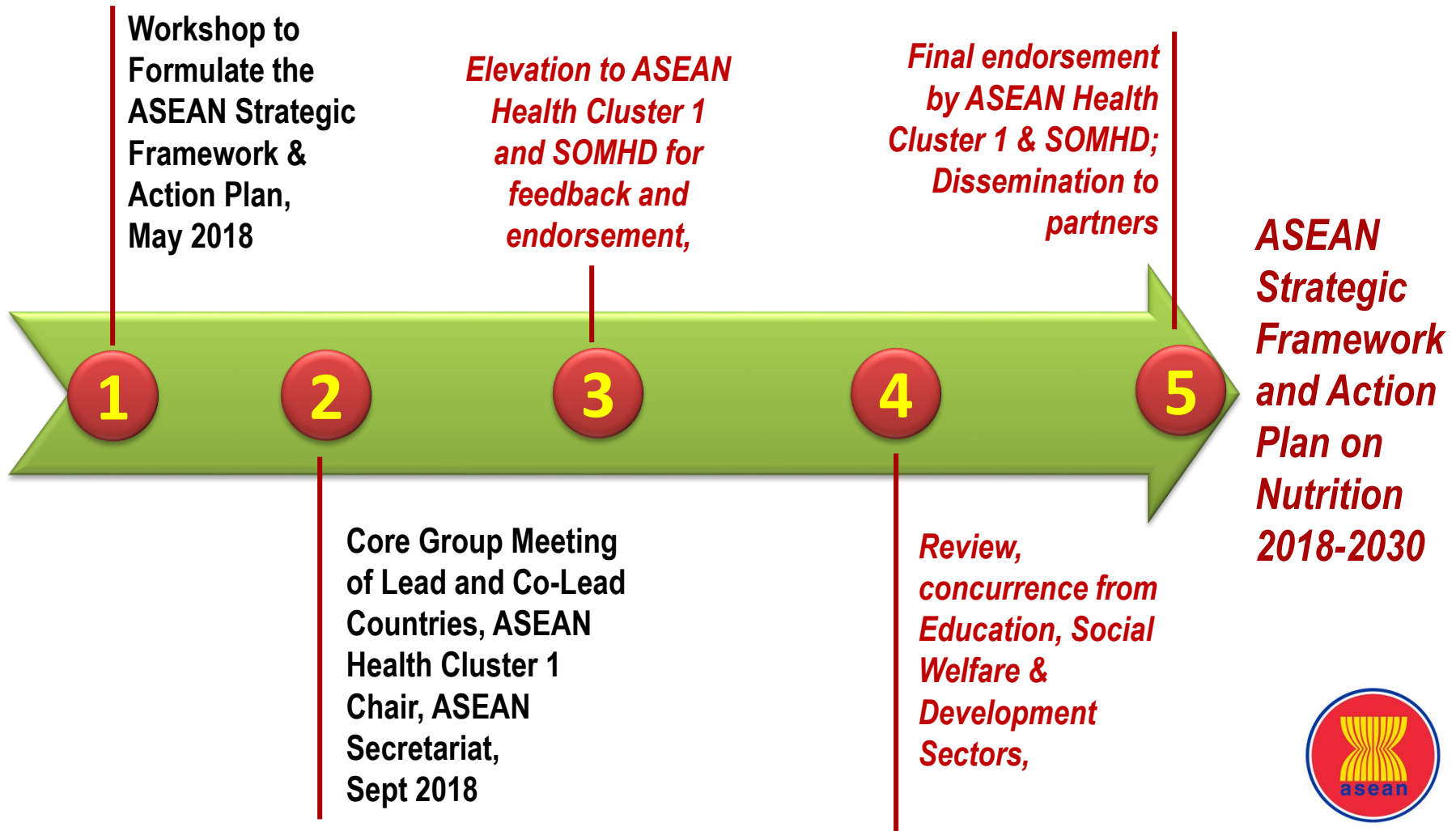
- Expanded multi-sectoral coordination to ensure coherent policies and nutrition-enhancing actions
- Formulation of multi-sectoral regional framework of action for nutrition
- Ensuring sustained delivery of quality, nutrition-specific interventions and programmes
- Enhancing cooperation across pillars through integration of nutrition into sectoral frameworks, as well as engagement and consultations with other sectors
- Increased level of cooperation and mutual pursuit of initiatives
- Strengthening of human and institutional capacities



Overview of consultation processes



Operationalising the ALD on EAFM



[Draft] ASEAN Action Plan on Nutrition 2018-2030 to implement ALD on Ending All Forms of Malnutrition

Strategic Thrusts	Statements
1. Scaling Up Nutrition Service Delivery	We support to accelerate evidence-based multi-sectoral actions to end all forms of malnutrition
2. Ensuring Policy Support and Coherence Among Sectors	We support to intensify efforts to engage with relevant sectors and stakeholders to address multi-causality of all forms of malnutrition
3. Resource Mobilisation	We support to increase public, multi-sectoral investments and level of cooperation to improve nutrition and ensure healthy diets
4. Capacity Building for Nutrition Stakeholders	We support to strengthen human and institutional capacities in multi-sectoral planning and evaluation, policy analysis and advocacy, health and nutrition research, nutrition surveillance and service delivery
5. Monitoring and evaluation via ASEAN Nutrition Surveillance System	Monitor progress of the ASEAN strategic framework for nutrition and action plan

On-going project activity: **Workshop to develop ASEAN Nutrition Surveillance System**

- [Please refer to updates from Philippines on the conduct of workshops on the ASEAN Nutrition Surveillance System]



Moving Forward on Nutrition in ASEAN via the ASEAN Health Cooperation

- Recommendations and follow-up activities of completed project activities will be elevated to ASEAN Health Cluster 1 and SOMHD for consideration, while ensuring they are:
 - *In line with the ASEAN Leaders' Declaration on Ending All Forms of Malnutrition*
 - *Incorporated into the ASEAN Strategic Framework and Action Plan on Nutrition (2019-2030)*
- Recommendations from nutrition surveillance workshops be also linked with the proposed ASEAN Nutrition Surveillance System
- The Action Plan on Nutrition, once endorsed, will be incorporated as annex of the Work Programme of ASEAN Health 1 (2016-2020, and then 2021-2025, and 2026-2030).



Links to relevant ASEAN Health Cooperation resources

- **ASEAN Post-2015 Health Development Agenda**
- **Work Programmes of ASEAN Health Clusters**
<http://asean.org/asean-socio-cultural/asean-health-ministers-meeting-ahmm/overview-2/>
- **ASEAN Leaders' Declaration on Ending All Forms of Malnutrition**
<https://asean.org/asean-leaders-declaration-on-ending-all-forms-of-malnutrition/>



**Thank you for
your attention!**



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